

How staffing in your aged care facility will improve






The aged care sector is set to benefit from significant reform. Through strong advocacy, NSWNMA members secured Federal Government commitments for mandated minimum staffing levels in aged care. Once legislated, all aged care facilities will have **a minimum 215 care minutes per resident per day** with **44 minutes provided by Registered Nurses**.




Each facility will determine how to roster the 215 minutes of care per resident. This is an example of what the staffing arrangements could look like in your workplace.

RESIDENTIAL AGED CARE FACILITY WITH **70 RESIDENTS** (7 RNs & 25 AINs)

Example 1

SHIFT LENGTHS 8.5 hour shifts of which 30 minutes is an unpaid break	AIN/EN/PCAs Approximate ratio of AIN/EN/PCA to residents	REGISTERED NURSES Approximate ratio of RN to residents
AM Shift 07:00-15:30 	12 1 AIN/EN/PCA • 6 Residents	3 1 RN • 23 Residents
PM Shift 15:15-23:15 	10 1 AIN/EN/PCA • 7 Residents	2 1 RN • 35 Residents
Night Shift 23:00-07:30 	3 1 AIN/EN/PCA • 23 Residents	2 1 RN • 35 Residents

Example 2

SHIFT LENGTHS 8.5 hour shifts of which 30 minutes is an unpaid break	AIN/EN/PCAs Approximate ratio of AIN/EN/PCA to residents	REGISTERED NURSES Approximate ratio of RN to residents
AM Shift 07:00-15:30 	14 1 AIN/EN/PCA • 5 Residents	3 1 RN • 23 Residents
PM Shift 15:15-23:15 	7 1 AIN/EN/PCA • 10 Residents	3 1 RN • 23 Residents
Night Shift 23:00-07:30 	4 1 AIN/EN/PCA • 18 Residents	1 1 RN • 70 Residents

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